



21 Highland Circle, Suite 10 • Needham, MA 02494

## **HUGE Thank You to Penny Kirk and Ed Scheideler**

Dear Commissioners Penny Kirk and Ed Scheideler,

On behalf of the Needham Housing Authority Board of Commissioners, staff, and residents, I want to extend our deepest gratitude to both of you for your many years of dedicated service. As you conclude your terms and step down from your roles, please know how truly appreciative we are of your leadership, commitment, and unwavering support.

Commissioner Kirk, your thoughtful approach to governance and tireless advocacy for resident services have made a lasting impact on our community. Commissioner Scheideler, your steady stewardship and financial oversight as Treasurer, helped guide the Authority through some of its most important decisions in recent years. Together, your leadership has helped strengthen the NHA's foundation and better the lives of the residents we serve.

Serving on a housing authority board is a significant responsibility—and your five PLUS years of volunteer service is a testament to your care for the people of Needham and your belief in the importance of affordable housing. Your time, insight, and compassion have helped shape the future of the agency and will be remembered for years to come.

We wish you all the best in your future endeavors and hope you will remain close to the NHA community you have helped build and support.

With sincere appreciation,

*Cheryl Gosmon*, Executive Director Needham Housing Authority

## **June/July/Aug 2025**

### **Did You - Poet Unknown**

Did you give him a lift? He's a brother of man,  
And bearing about all the burden he can,  
Did you give him a smile? He was downcast and blue,  
And a smile would have helped him battle it through.

Did you know what he bore in the burden of cares,  
That is every man's load and that sympathy shares?  
Did you try to find out what he needs from you,  
Or did you just leave him to battle it through?

Do you know what it means to be losing the fight,  
When a lift just in time might set everything right?  
Do you know what it means—just the clasp of a hand,  
When a man's borne about all a man ought to stand?  
Did you ask what it was—why the quivering lip,  
And the glistening tears down the pale cheek that slip  
Were you brother of his when the tune came to be?  
Did you offer to help him or didn't you see?

Don't you know it's the part of a brother of man  
To find what the grief is and help when you can?  
Did you stop when he asked you to give him a lift,  
Or were you so busy you left him to shift?

Oh, I know what you meant—what you say may be true—  
But the best of your manhood is — What Did you do?  
Did you reach out a hand? Did you show him the road,  
or did you just let him go on with his load?



# Save the Date



## For Seabeds Residents

We're excited to announce an upcoming LTSC (Long-Term Services and Supports) Information Session designed especially for our Seabeds Way community.

This session will provide valuable guidance on accessing helpful services and tools covered by your health insurance or state-funded programs. Learn how to get support with Life Alert systems, bathroom safety equipment, home-delivered meals, and more—resources that can help you stay safe, independent, and connected.

We'll also share ways to stay socially engaged and avoid isolation, promoting a healthier, more active lifestyle.

The date and time will be shared soon, but you can sign up now or get more information by contacting Malieka, our new ROSS Service Coordinator at [mbrown@needhamhousing.org](mailto:mbrown@needhamhousing.org)

This event will be held monthly.

 **Thank You**

# Activities



## Arts & Crafts with Laurie

- Linden & Chambers Community Room, every Wednesday between 1-2pm

## Board Games with Laurie

- Linden & Chambers Community Room, every Thursday between 1-2pm

## Coffee Hour with the CATH

- Linden & Chambers Community Room on the second Tuesday of the month at 10am
- Seabeds Way Community Room on the second Thursday of the month at 11am

## Fiber Arts with the CATH (learn how to knit and crochet)

- Linden & Chambers Community Room on the third Tuesday of the month at 3pm
- Seabeds Way Community Room on the fourth Tuesday of the month at 3pm

## Tech & Tutors

- Linden & Chambers Community Room on the third Wednesday of every month
- Seabeds Community Room on the fourth Wednesday of every month



# Health & Wellness

## Chair Yoga with Nicole

- Linden/Chambers Community Room, every Friday between 12-1pm.
- Seabeds Way Community Room, every Friday between 1:30-2:30pm

## Walking Club with Laurie

- Linden/Chambers Community Room, every Tuesday between 11-12pm

## Blood Pressure Clinics

- Scheduled monthly. Notices will be posted on the bulletin boards in common areas specifying dates and times. A robo call will also be sent out.

## Parks and Recreation

### Scholarship

- Needham Housing Authority residents are eligible for a free season pool pass to the pools at Rosemary Recreation Complex and a free season Tennis/Pickleball Court badge.
- To request a Parks and Rec referral form, please contact the Needham Housing Authority office. Once filled out, you can drop off the form to the Parks and Rec Department or email it to [dstanganelli@needhamma.gov](mailto:dstanganelli@needhamma.gov).



## Neighborhood News

Please be aware that while Needham has been placed under a Level 1 water restriction since April, handheld watering is still allowed seven days a week. Level 1 water restriction means that other outdoor watering is restricted to one day per week only: Sundays, before 9am and after 5pm (to minimize evaporative loss).




## Manager's Corner

Attention Linden/Chambers Residents:

Annual Inspections will begin end of June. We will notify everyone with an exact date about two weeks before your scheduled inspection. Inspections should only take about 5-10 minutes and you do not need to be home for the inspection. If you have any questions or concerns, please reach out to the office.



## Resources at a Glance

### Center at the Heights:

- The Center at the Heights promotes health and wellness by providing a place to socialize and offering a variety of ongoing recreational, health, educational and informational programs and activities. Contact 781-455-7555 for a list of resources available to residents.

### Food Pantry:

- Contact 781-444-2415 for more information.

### New Life Furniture Bank:

- Contact Blair or Liz at 781-444-3011 if you need a referral for free, gently used furniture.

### REquipment:

- They are a durable medical equipment (DME) re-use program offering free refurbished wheelchairs, scooters and shower chairs. <https://dmerequipment.org/>

### Springwell:

- Springwell is a private, non-profit organization that provides a wide range of elder services. Please contact their office at 617-926-4100 for more information.

### YMCA:

- Contact Jill Barber at 781-675-3169 to receive a scholarship form.



## Staff Directory

### Direct Work Numbers

Blair ..... (781) 727-9047  
 Elena ..... (781) 343-3839  
 Laurie ..... (781) 401-0799  
 Malieka ..... (781) 726-5183  
 Tracey ..... (774) 407-1414

\*For emergency work orders after hours, please call the main office line.



### Main Office Numbers

Main Office ..... (781) 444-3011  
 Fax ..... (781) 444-1089  
 Cheryl Gosmon ..... Ext. 212  
 Marie Celestin ..... Ext. 210  
 Salim Pillai ..... Ext. 215  
 Blair Fetzer ..... Ext. 213  
 Elena Choy ..... Ext. 218  
 Malieka Brown ..... Ext. 214  
 Tracey Hunter ..... Ext. 219

### Office Hours

Monday	7:30am - 4:00pm
Tuesday	7:30am - 4:00pm
Wednesday	7:30am - 4:00pm
Thursday	7:30am - 4:00pm
Friday	7:30am - 1:00pm
Saturday	CLOSED
Sunday	CLOSED

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2025						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 1 Rent Is Due
- 5 Linden Chambers Residents Association Monthly Board Meeting
- 8 Rent Is Late
- 17 NHA Monthly Board Meeting, 5:00 PM Linden Chambers Community Room
- 19 Juneteenth

- 1 Rent Is Due
- 3 Linden Chambers Residents Association Monthly Board Meeting
- 4 Independence Day
- 8 Rent Is Late
- 17 NHA Monthly Board Meeting - 5pm Seabeds Way Community Room

- 1 Rent Is Due
- 7 Linden Chambers Residents Association Monthly Board Meeting
- 8 Rent Is Late
- 21 NHA Monthly Board Meeting - 5pm Linden Chambers Community Room

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**21 HIGHLAND CIRCLE**  
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