



21 Highland Circle, Suite 10 • Needham, MA 02494

Photos Taken of the Northern Lights
on October 11th at Chambers Street
by Nancy-Lee Mauger



If you would like to submit any photos to be used in the NHA newsletters or website, please email bfetzer@needhamhousing.org.

Dec/Jan/Feb 2025



CONGRATULATIONS

I am pleased to reiterate the unanimous consent of the Needham Housing Authority Board of Commissioners in recognizing the Linden Chambers Resident Association (LCRA) at their September 19, 2024, monthly business meeting. The recognition acknowledges the LCRA's commitment to advocating for tenants' interests and working collaboratively with the housing authority and other stakeholders to enhance the quality of life for residents.

Cheryl Gosmon, Executive Director

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." – Margaret Mead



NHA Raised Garden Bed Annual Harvest Dinner

The NHA Raised Bed Garden Club is open to ALL Linden/Chambers residents. If you would like to join, please contact either Blair at the NHA Office or Helen, the garden club leader. **Registration to sign up for a raised garden bed for the 2025 season is open now.**



Activities



Arts & Crafts with Laurie

- Linden/Chambers Community Room, every Wednesday between 1-2pm

Board Games with Laurie

- Linden/Chambers Community Room, every Thursday between 1-2pm

Coffee Hour with the CATH

- Linden/Chambers Community Room on the second Tuesday of the month at 10am

- Seabeds Way Community Room on the second Thursday of the month at 11am

Tech & Tablets with Karen

- Linden/Chambers Community Room on the third Wednesday of every month
- Seabeds Community Room on the fourth Wednesday of every month



What's New?

Kalmia Swag Workshop

- Linden/Chambers Community Room on Wednesday, 12/4 between 6-8pm

PACE Bone Density Testing

- Seabeds Community Room on Thursday, 1/9 at 12pm
- Linden/Chambers Community Room on Thursday, 1/9 at 1:30pm

Health & Wellness

Chair Yoga with Nicole:

- Linden/Chambers Community Room, every Friday between 12-1pm.
- Seabeds Way Community Room, every Friday between 1:30-2:30pm

Walking Club with Laurie:

- Linden/Chambers Community Room, every Tuesday between 11-12pm

Mobile Market with the Needham Community Farm until December 18th

- Linden/Chambers Community Room, every Wednesday between 3-3:30pm
- Seabeds Way Community Room, every Tuesday between 5:30-6pm
- 28 Capt Robert Cook Drive every Tuesday, between 5-5:30pm

Happy Birthday

Every month we have a celebration for residents whose birthdays fall in that current month. All residents are invited to participate. Dates will be scheduled soon.

Springwell

Laurie Blake and Polina Wing's office is permanently located at 186B Linden St.

Polina is the Springwell Home Care Coordinator for our Linden/Chambers residents. She's available to discuss Home Care services through Springwell at 617-972-5602 or via email at pwing@springwell.com. She is also available to meet in person during the following office hours:

- Mondays from 8:30am-3:30pm
- Wednesdays from 8:30am - 3:30pm
- Fridays from 8:30am - 2:30pm

Save the Date



The Needham Housing Authority's Annual Holiday Party will take place on the following dates:

- Seabeds Community Room on Wednesday, 12/18 between 12-2pm
- Linden/Chambers Community Room on Thursday, 12/19 between 12-2pm

We will send everyone more details closer to the date. We look forward to seeing you there!

Resources at a Glance

Center at the Heights:

- The Center at the Heights promotes health and wellness by providing a place to socialize and offering a variety of ongoing recreational, health, educational and informational programs and activities. Contact 781-455-7555 for a list of resources available to residents.

Food Pantry:

- Contact 781-444-2415 for more information.

New Life Furniture Bank:

- Contact Blair at 781-444-3011 if you need a referral for free, gently used furniture.

REquipment:

- They are a durable medical equipment (DME) re-use program offering free refurbished wheelchairs, scooters and shower chairs. <https://dmerequipment.org/>

Springwell:

- Springwell is a private, non-profit organization that provides a wide range of elder services. Please contact their office at 617-926-4100 for more information.

YMCA:

- Contact Jill Barber at 781-675-3169 to receive a scholarship form.



Manager's Corner

Dear Residents,

We are required by HUD and EOHLC to re-determine your rent once annually. You are required by your lease to submit **within thirty (30) days** of our request accurate information that is complete and signed, to allow us to determine your rent and your eligibility for continued occupancy. Tracey and Blair are available during office hours if you need any help or have any questions.

Thank you!

Staff Directory

Main Office	(781) 444-3011
Fax	(781) 444-1089
Cheryl Gosmon	Ext. 212
Marie Celestin	Ext. 210
Salim Pillai	Ext. 215
Blair Fetzer	Ext. 213
Laurie Blake	Ext. 214
Elena Choy	Ext. 218
Liz Fay	Ext. 214
Tracey Hunter	Ext. 219

Office Hours

Monday	7:30am - 4:00pm
Tuesday	7:30am - 4:00pm
Wednesday	7:30am - 4:00pm
Thursday	7:30am - 4:00pm
Friday	7:30am - 1:00pm
Saturday	CLOSED
Sunday	CLOSED

December 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

- 1 Rent Is Due
- 19 NHA Monthly Board Meeting, 5PM
Location TBD
- 25 Christmas - Office Closed
- 26 Boxing Day - Office Closed

- 1 New Year's Day - Office Closed
Rent Is Due
- 16 NHA Monthly Board Meeting, 5PM
Location TBD
- 20 Martin Luther King Jr. Day - Office
Closed

- 1 Rent Is Due
- 17 Presidents Day - Office Closed
- 20 NHA Monthly Board Meeting, 5PM
Location TBD

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