

## NHA MONTHLY NEWSLETTER

“Gratitude is the Gateway to Joy

Dear Residents:

I hope you were all able to safely enjoy the holidays with friends and family. What a change from 2020 when travel and gatherings were restricted or limited. Unfortunately, Covid is not completely obliterated and in some areas, it seems like a resurgence. Hopefully, with increased vaccines and boosters available we can stay ahead of it.

There are no plans at this time, to close the Community Rooms. They will continue to be sanitized daily. We are asking that you use caution in your gatherings. Masks should be worn, and social distancing should be practiced.

I also want to point out that with the New Year, I am revamping the monthly newsletter. I will be focusing on happenings within the Needham Housing Authority. However, I will still include pertinent information from Supporting Agencies in and around Needham. And as always, I welcome resident input!

Wishing all a Happy & Healthy 2022!

Sincerely,  
Debra Tambeau

## MANAGEMENT

**Rent is due** and payable on the **1<sup>st</sup> of each month no later than the 7<sup>th</sup> of the month.**  
**If your income changes** (income goes up or down), you are required to **notify the management office within 7 days of the change.**

## PUBLIC SAFETY

The Needham Police Department will be hosting their Community Meetings again this month as follows:

**Monday 1/15/22 @ 5:00pm in the Linden Chambers Community Room.**

**Thursday 1/20/22 @ 5:00pm in the Seabeds Way Community Room.**

NHA Public Safety Officer Angel Rosario will be in attendance. All are welcome.

## MAINTENANCE

With winter comes snowstorms! The policy at NHA is that with approximately 3” of snow accumulation, maintenance will clear all walkways first (to allow emergency vehicles access) and then walkways will be cleared. On the day after the storm has ended, they will begin to clear parking lots. Director Gary Kuphal kindly requests that all residents be patient.

## RESIDENT SERVICES

**Coffee Hours:** 2<sup>nd</sup> & 4<sup>th</sup> week of each month.

Linden/Chambers: 1/11 & 1/25 @ 10:00am

Seabeds Way: 1/13 & 1/27 @ 11:00am.

### **Garden Club:**

**Linden/Chambers: Thursday 1/13/22 @ 6:30pm in the Community Room.** Please be advised that all potential members must sign a Garden Agreement before being assigned a raised bed area. Plots are limited. First come. First served. If you cannot attend the meeting or have any questions, please contact Helen Giragosian @ (239) 677-0659.

### **Thursday News Brunch:**

Meets every **Thursday morning at 10:00am** in the Linden/Chambers Community Room.

Come discuss what’s going on in the Community and the world. Refreshments served. Please see Ross Donald for further information.

### **Cooks After School Program:**

Due to increased cases of Covid 19 within the school system, the Executive Director has decided that the program will resume in 2022. Please note that if you are planning on having your child/children attend, you must preregister. Contact the office for further info.

**Blood Pressure Clinic:** (3rd Thursday of the month at 11:00am)

1/20/22 @ Seabeds Way Community Room.

**Craft Club:** Tentative plans to resume again in March 2022.

**Chair Yoga:** **Fridays at 1:30 to 2:30pm** in the **Seabeds Way Community Room.** No experience necessary. All residents are welcome.

## **CATH on the GO:**

The NHA is working in partnership with the Council on Aging to bring activities offered by the Center at the Heights to residents of Linden/Chambers & Seabeds Way to be held in our Community Rooms. We are looking for tenant feedback as to the days, times & type of Activities desired. Please contact the Resident Service Coordinated with your feedback.

## **SUPPORTIVE SERVICES**

**Capt. Robert Cook Tenant Association-** meets on the **second Tuesday of the month (1/11/22) at 6:30pm** in the Seabeds Way Community Room.

**Needham Food Pantry:**                    **New Program Alert!**

**Student Extracurricular Scholarships Available:** With the help of a generous donor the NCC is offering a limited scholarship program to assist with the cost of your students' extracurricular activities. Whether it's music, clubs, athletics, or driver's education, they may be able to help. For further info please contact the NCC, 570 Hillside Ave., (781) 444-2415.

**Free Charlie Cards-** the NCC has a limited number of free Charlie cards available for their food pantry customers. They may be used for bus and subway fare only. First come, first served. Call (781) 444-2415.

**Tablet Training-** contact the Tablets & Tutors phonenumber at (781) 444-2415 ext. 2120.

## **ANNOUNCEMENTS**

**Employment Opportunity** -The Center at The Heights is looking for Substitute Van Drivers for the Center. If interested, please go to the Town of Needham website for more information.

**NHA Board of Commissioners Meeting:** (held on the 3<sup>rd</sup> Thursday of the Month).

**Date-1/20/22 @ 7:30pm.** To listen, view or participate from your computer, tablet, or phone go to [www.zoom.us](http://www.zoom.us) and insert the Meeting ID number. For call in only, dial 1-669-900-9128 and insert the Meeting ID number. (There will be a ROBO call made the day of the meeting with the current Meeting ID #). Community Rooms are open to listen and view.

**Holiday Events- Thanksgiving & Christmas Luncheons:**

Thank you to Springwell Inc, NHA staff and all residents who participated in these gatherings! The food, which was purchased at Roche Brothers, was delicious. It was a pleasure to share good food and conversation.

**Gift Giving:**

The NHA would like to recognize & thank the Kids Backing Kids, Inc organization and the DeMaria family for providing Christmas gifts to 22 families, totaling 47 children!