

Home Energy Assistance Program

(updated 12/31/24)

The Massachusetts Home Energy Assistance Program (HEAP) helps income eligible households pay a portion of winter heating bills. Sometimes called “fuel assistance,” these funds are allocated annually to Massachusetts from the US Department of Health and Human Services. The period covers from November 1st to April 30th each winter season. This coming season is considered Fiscal Year 2025 (November 1, 2024 – April 30, 2025).

The following are the basics on income eligibility, what information/documents you need to apply, and the ways you can apply.

FY 2025 Fuel Assistance Income Eligibility

Household Size	Maximum Income (not more than)
1	\$49,196
2	\$64,333
3	\$79,470
4	\$94,608
5	\$109,745
6	\$124,882
7	\$127,720
8	\$130,559

Documents needed to apply:

1. Photo ID of applicant
2. Social security numbers and documents for nationality status (passport, birth certificate, certificate of naturalization, green card) for all household members
3. Most recent heating and electric bills
4. Lease
5. Income documents for all household members over 18 years of age in last 30 days; full-time students provide note of school status.

Options on how or where to apply:

(A) If you have all documents ready to attach or upload, you may apply directly through this link:
<https://www.toapply.org/MassLIHEAP>

(B) You can also call or book online through the above link for an in-person appointment. On the day of your appointment, bring documents to the Community Action Agency that administers HEAP for this area:

Self Help, Inc.

Home Energy Assistance Program

780 West Main St.

Avon, MA 02322

Phone: (508) 588-5440

(C) Or if you can bring these documents to local organizations for assistance: Needham Housing Authority (Elena Choy, Family Self Sufficiency Coordinator), your town’s Public Health/other department, or the Council of Aging in your town.

For the first year, you will have an intake over the phone or in person with Self Help. In subsequent years, Self Help will mail applications to you, and you will not need to do the intake.