

Needham Housing Authority

## Special Points of Interest:

- If you have an email address please let Penny Kirk know what it is. [pkirk@needhamhousing.org](mailto:pkirk@needhamhousing.org)
- Since the last newsletter where the request was made to let us know **your email address**, exactly one person has contacted us!
- The Community Council has 4 window air conditioners. Does anyone need one?
- Sandie Armour, Office Manager is now working with Linden/Chambers residents on leasing issues. Please contact Sandie not Patricia with question or concerns.

## STUDY REVEALS THAT NOISE HINDERS LEARNING

“From the cacophony of day care to the buzz of TV and electronic toys, noise is more distracting to a child’s brain than an adult’s, and new research shows it can hinder how youngsters learn.” Lauren Neergaard of the AP writes of research being done and presented at the American Association for the Advancement of Science:

“What a child hears in a noisy environment is not what an adult

hears,” said Dr. Lori Leibold.

The ability to understand and process speech against competing background noise doesn’t mature until adolescence. Adults can filter out background noise; young children don’t do this. Their brain doesn’t fill in the gaps.

Preemies who spend time in incubators are subjected to “white noise” instead of mother’s lullabies. This

hinders their ability to recognize the human voice. When mothers taped their voices and played them to the incubated babies, the auditory cortex developed better.

In school, ceiling height and flooring design had an affect on noise control and thus on learning.

Adults tend to think about background noise being stimulating but it may not be for a child.

## EYEING HOW VISION ISSUES AFFECT LEARNING

Children are expected to have some of the basic skills preceding literacy, such as recognizing letters, growing vocabulary, etc. But what if, unknown to the parents or teachers, the child is farsighted-unable to focus on

nearby objects. Can vision problems impact learning even before a child is able to read?

Recent studies published in the Journal of Ophthalmology suggest an untreated vision problem can delay a

child’s grade school readiness.

In the end, it can’t hurt to have a preschooler’s vision checked if you think they are having difficulty.



At least head phones keep out distracting noise, but are they good for studying?

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**Send us your email address!!**

## NEEDHAM HOUSING NEWS/ NHN

### AFTERNOON OF JOY THROUGH SHARING

On Sunday, **April** 10th, the Immigration Justice Task Force will present an afternoon of sharing culture through song, dance, stories and food. The event will take place from **2:00-4:00 PM** at the Needham Public Library Community Room. Everyone is invited and it's **FREE!**

Bring friends, traditional clothing, musical instruments, art from your country of origin and photos.

Afternoon snack food from your homeland is welcome; everything is always so delicious.

There will be dancing from Moldova!

**RIDES WILL BE AVAILABLE FROM THE CHAMBERS COMMUNITY ROOM!!**

There are no kitchen facilities for heating food and the Library is smoke and alcohol free.

**COME ONE COME ALL!**

Contact Carolyn Lynes before April 7th to RSVP :

781-559-3667

carolynlynes@gmail.com

Tell Carolyn if you plan to share something about your culture .

Reserve a ride when you contact Carolyn

*Please give a neighbor a key to your apartment just in case you lose yours or get locked out.*

### MOVING FORWARD WITH THE NON SMOKING PROGRAM

Paul Dumouchel, Assistant Executive Director, is planning informational meetings with residents of all neighborhoods to inform everyone of the progress being made toward the elimination of smoking from all buildings of Needham

Housing.

The first meeting will be March 23rd at 11:00 AM at the Chambers Community Room. The second meeting will be March 30th, 11 AM at the Seabeds Community Room.

There are many facets

to the implementation of non-smoking, the first of which has been a survey. This showed a large percentage of residents who want a no smoking policy.

Please make every effort to attend these important meetings.

### LOTS OF ACTIVITIES FOR MARCH

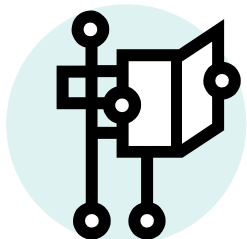
Residents of Linden/Chambers are planning a St. Patrick's Day lunch at 1:00PM on March 17th for the residents of their neighborhood. This will be the traditional corned beef and cabbage meal that has become the St. Patrick's Day tradition. It is bound to be delicious.

Sign up and pay \$6.00 CASH only at the Community Room: 2:00-4:00 March 2-11 (not 5th or 6th) There is a **March 12th deadline** for planning purposes.

On Wednesday, March 23rd the Book Circle will have it's 5th meeting at Seabeds

Community Room at 1:00PM.

The residents of L/C were disappointed to miss seeing the **second graders** last month so we expect everyone will be there on March 29th L/C Community Room at 9:30AM. See you there!



Check this and the Senior Center newsletter for activities.

# [ MARCH 2016 ]

SUN	MON	TUE	WED	THU	FRI	SAT
		1 12:30 Bingo/L/C 5:30: Bread of Life/ Carter Ch.	2	3	4 The Genius of Gershwin/ 2PM: Sr. Center	5
6	11:30: Play Group / 42 CRC Dr. Ages 0-5.	8 12:30: Bingo L/C	9 4:30 Middlesex Bank at Cooks After School	10	11	12 Deadline for St. Pat's lunch sign up.
13	14 11:30: Play Group/ 42 CRC Dr. Ages 0-5.	15 12:30: Bingo L/C 5:30: B.O.L./ Carter Ch.	16 1PM: Sing along at L/C w. snacks	17 1 PM: St. Patrick's lunch: L/C residents 7:30: Board Meeting	18 Tapestry: A Tribute to Carole King 2PM: Sr. Center	19
20 "Oliver"/ Newton North H.S. 2PM.	21 11:30: Play Group/ 42 CRC Dr. Ages 0-5.	22 12:30: Bingo L/C	23 11AM: Non smoking meeting L/C Book circle 1 PM Seabed's	24	25	26
27	28 11:30: Play Group/ 42 CRC Dr. Ages 0-5.	29 9:30: visit from 2nd graders L/C 12:30: Bingo L/C	30 11 AM: Non smoking meeting Seabeds	31	Call Sr. Center 781-555-7555 for a newsletter!	<b>Writing Your Memoir:</b> <b>Wednesdays/ Sr. Center 10AM -noon.</b>

## BOARD MEETING SCHEDULE

THURSDAY MARCH 17TH, 7:30 PM/ CHAMBERS

THURSDAY APRIL 21, 7:30 PM /SEABEDS WAY

THURSDAY, MAY 19 , 7:30PM/ CHAMBERS



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needhamhousing.  
org

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## COOKS NEIGHBORHOOD NEWS

We have a new Director at Cooks After School! He is Deondre Cabey. He has worked at a variety of summer camp and after school programs while putting himself through Northeastern University. Deondre is a graduate of Boston Latin School (honors classes) and is very enthusiastic about picking up where Jules LeBlanc left off. The children are delighted to have him on board.

There have been several academic achieve-

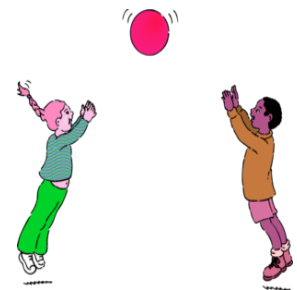
ments taking place lately. Josh Celado made Dean's list at Nichols College and was named rookie of the year in football. He has heard from U Mass/Amherst and Bates College about transferring. His brother Robert has been accepted with a generous scholarship to University of Connecticut. He plans to study international business and wants to return to China during his college years.

Joe Wilmot has again made Dean's list and is

planning to graduate from Thomas College in the spring. His sister Margaret just received an invitation to apply for the Kloptic Award for Excellence based on her high test scores, MCAS and AP scores. This scholarship provides full tuition for any state school.

Shih-Ting Kao is going to Italy with the High School Orchestra in April.

Parents, please let us know of other successes!



TIME FOR FUN  
AT COOKS